

VEGETABLE MAIN DISHES

All vegetables are cooked to our own special recipe

Korahi	£7.45
cooked in various herbs and spices together with onions, tomatoes, green peppers & coriander & served on a hot iron korahi	
Jalfrezi	£7.45
slow cooked into a spicy thick stew containing spices, chillies, green peppers & tomatoes	
Joipuri	£7.45
cooked with tangy, sweet & sour sauce with mushrooms & green peppers	
Shashni	£7.45
cooked with onions green peppers and coriander. The gravy base is thickened with sweet & sour yoghurt and topped with an omelette	
Masalader	£7.45
cooked with chopped onions, mashed green chilli, a touch of masala sauce and special Punjabi spices.	
Makhani	£7.45
cooked in a strong ginger and garlic flavoured sauce. This is a rich, mild, creamy dish.	
Vegetable Curry	£7.45
with sauce – medium hot	
Motor Poner	£8.45
peas and cheese with creamy sauce	
Sag-Poner	£8.45
spinach and cheese with creamy sauce	
Aloo Gobi	£7.45
cauliflower & potato	

VEGETABLE SIDE DISHES

All vegetables are cooked to our own special recipe

Vegetable Curry	£3.95
with sauce	
Mushroom Bhaji	£3.95
with thick sauce	
Sag-Aloo	£3.95
spinach & potato	
Aloo-Gobi	£4.25
cauliflower & potato	
Bombay Aloo	£3.95
potato with thick sauce	
Tarka Dall	£3.95
lentils with garlic	
Bhindi Bhaji	£4.25
okra with thick sauce	
Motor Poneer	£4.45
peas & cheese with creamy sauce	
Sag-Poneer	£4.45
spinach and cheese with creamy sauce	

RICE

Boil Rice	£2.20	Egg Fried Rice	£3.25
Pilau Rice	£2.75	Peas Rice	£3.25
Mushroom Rice	£3.25	Garlic Rice	£3.25
Vegetable Rice	£3.25	Keema Rice	£3.95
Nawabi Rice	£3.95		

BREADS

Plain Nan	£2.45
Garlic Nan	£2.95
Keema Nan	£3.45
Peswari Nan	£2.95
Cheese & Onion Nan	£3.25
Cheese & Garlic Nan	£3.25
Cheese Nan	£3.10
Chilli Garlic Coriander Nan	£3.25
Paratha	£1.95
Stuffed Paratha	£3.25
Tandoori Roti	£1.95
Chapati	£1.45

ACCOMPANIMENTS

Popadom	£0.70	Mint Sauce	£1.00
Chutney Tray	£3.00	Green Salad	£2.00
Lime Pickle	£1.00	Cucumber Raitha	£1.50
Mango Chutney	£1.00	Onion Raitha	£1.20
Spicy Onions	£1.00		

DESSERTS

Gazor Halwa	£3.45
Rice Pudding	£3.45
Golab Jamun	£3.45
Ben & Jerry's Ice Cream (various flavours)	£4.95
Mango Kulpi	£4.25
Pistachio Kulpi	£4.25
Lemon Sorbet	£3.95
Orange Sorbet	£3.95

DRINKS

Coca Cola/Diet Coke	0.33L . .	£1.15
Sprite/Fanta	0.33L . .	£1.15
Irn Bru/Diet Irn Bru	0.33L . .	£1.15
Coca Cola/Diet Coke	1.5L . .	£2.85
Lemonade	2L . .	£2.85
Irn Bru/Diet Irn Bru	2L . .	£2.85
Still/Sparkling Water	0.5L . .	£1.50
Still/Sparkling Water	2L . .	£2.15

SET MEALS

Set Meal For One: £13.45

- 1 Popadom
- + **Starter:** Chicken Pakora
- + **Main:** Chicken Bhuna
- + 1 Pilau Rice/Nan

Set Meal For Two: £26.45

- 2 Popadoms
- + **Starters:** 1 Chicken Tikka & 1 Vegetable Pakora
- + **Mains:** 1 Chicken Tikka Masala, 1 Lamb Rogon Josh
- + 1 Pilau Rice + 1 Nan

Set Meal For Four: £49.95

- 4 Popadoms
- + **Starters:** 1 Chicken Tikka, 1 Chicken Pakora, 1 Vegetable Pakora, 1 Onion Bhaji
- + **Mains:** 1 Chicken Tikka Masala, 1 Lamb Bhuna, 1 Chicken Kurma, 1 Vegetable Curry
- + 2 Pilau Rice + 2 Nan

FOOD ALLERGIES AND INTOLERANCES

Please speak to our staff about the ingredients in your meal when making your order.

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DUNFERMLINE'S
Best Authentic
— Indian Cuisine —

BAY OF BENGAL
Restaurant

TAKE AWAY MENU

01383 825511

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Opening Hours:
Tuesday – Sunday
4.00 pm – 10.00 pm

3 Regents Way, The Bay Centre
Dalgety Bay KY11 9UY

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STARTERS

All starters served with salad and mint sauce

Chicken Tikka	£4.95
Peri Peri Chicken Wings	£4.95
Garlic Chicken Tikka	£5.45
Chicken Chat Puree	£4.95
Tandoori Lamb Chops	£5.95
Kebab Platters	£4.95
Shami Kebab	£4.95
Poneer Tikka	£4.95
Bengal King Prawn	£5.95
King Prawn Butterfly	£5.95
King Prawn Puree	£5.95
Chicken Pakora	£4.95
Mixed Pakora	£4.95
Vegetable Pakora	£3.95
Onion Bhaji	£3.95
Prawn Cocktail	£4.45
Somosa (chicken/meat/veg.)	£3.95
Garlic Spicy Mushroom	£4.45
Mushroom Pakora	£3.95
Garlic Mushroom	£3.95
Potato Fritters	£3.95

TANDOORI DISHES

The Tandoor is the traditional clay oven, known for the mysterious and unique flavour. All tandoor dishes served with salad and curry sauce.

Tandoori Chicken (on the bone)	£9.95
Spring chicken marinated in special Indian spices and flame grilled in the tandoor	
Peri Peri Tandoori Chicken	£9.95
Chicken Tikka	£9.95
Diced chicken marinated in special mild spices & barbecued	
Garlic Chicken Tikka	£10.95
Lamb Tikka	£11.45
Sheek Kebab	£9.95
Minced lamb on skewers with onion, herbs and spiced grilled	
Bengal Chap Kebab (chicken or beef)	£11.95
Tandoori Lamb Chops	£10.95
Succulent lamb chops marinated in special sauce and grilled	
Tandoori Mixed Grill	£14.95
A combination of Tandoori chicken, chicken tikka, sheek kebab and king prawn served with nan bread	
Chicken Shashlik	£10.45
Chicken on skewers with tomato, onions & capsicum	
Lamb Shashlik	£10.95
Lamb on skewers with tomato, onions & capsicum	
King Prawn Tandoori	£14.95
Egyptian Kebab (chicken)	£10.45
Turkish Kebab (lamb)	£10.95

BIRYANI DISHES

The Biryani dishes are South-Asian favourite. Specially prepared with Basmati rice, cooked with various authentic blends of Indian spices, garnished with cucumber and tomato. Served with salad and curry sauce.

Bengal Special Biryani	£12.95
A combination of chicken, lamb & prawn cooked with chef's special spices.	
Chicken Biryani	£9.95
Lamb Biryani	£11.95
King Prawn Biryani	£14.95
Vegetable/Mushroom Biryani	£8.95
Nawabi Biryani	£12.95
Chicken Tikka Biryani	£10.95
Lamb Tikka Biryani	£11.95
Prawn Biryani	£11.95

CHEF RECOMMENDED DISHES

Chicken: £9.95 Lamb: £10.95 King Prawn: £13.95

Jhall Bhuna	
Thick sauce curry cooked with onions, tomatoes, garlic, green chilli & coriander.	
Karachi	
Cooked thoroughly garnished with onions, green chilli and tomato. Dressed with red peppers.	
Shahi Kurma	
A condensed dish made with onion tomato, garlic, ginger, coriander and special spices	
Shahi Rezala	
Cooked with ginger, garlic mashed green chilli, yoghurt & almond powder	
King Prawn Garlic Chilli	£13.95
Thick, hot sauce curry flavour of garlic and green chilli with coriander and tomatoes	
Muglai Chicken	£9.95
Marinated tender pieces of chicken cooked with exotic spices, ginger, tomato and coriander	
Methi Gosth	£10.95
Lamb cooked with fenugreek leaves, tomato and special spices	
South Indian Garlic Prawn	£9.95
Small prawn garnished with onions, garlic, green chilli and special spices. Cooked with fresh cream, coconut powder, cashew nuts, sultana and yoghurt	
Bengal Special Curry	£10.95
Chicken, lamb, prawns and mushrooms cooked with onion, tomato and chef's special spices	

HOUSE SPECIAL DISHES

Chicken: £8.45 Lamb: £9.45 King Prawn: £13.95

Makhani: Barbecued pieces of chicken or lamb tikka are cooked in a strong ginger and garlic flavoured sauce. This is a rich, mild, creamy dish.	
Nentara: Cooked with cashew nuts, mashed green chilli, yoghurt and almond powder	
Masalader: Cooked with chopped onions, mashed green chilli, touch of masala sauce and special Punjabi spices	
Shashni: Tender pieces of chicken or lamb tikka & herbs with onions, green peppers and coriander. The gravy base is thickened with sweet & sour yoghurt and topped with an omelette.	
Joipuri: Marinated pieces of tender chicken or lamb tikka cooked with tangy, sweet & sour sauce with mushrooms & green peppers.	
Jalfrezi: Chicken or lamb tikka slow cooked into a spicy thick stew containing spices, chillies, green peppers & tomatoes.	
Achari: Cooked to a hot & sharp taste with lemon juice, onion seeds, fennel, mustard seeds & red chillies.	
Korahi: Pieces of chicken or lamb tikka cooked in various herbs and spices together with onions, tomatoes, green peppers and coriander & served on a hot iron korahi.	
Naga Mossala: Chicken or lamb tikka cooked in special king of chilli – madras hot.	
Pasanda: Pieces of marinated chicken or lamb tikka cooked in a rich creamy sauce containing almonds and nuts and yoghurts.	

Chicken Tikka Mossala	£8.45
Marinated pieces of tender chicken tikka cooked with almonds & coconut served in a rich, creamy sauce.	
Lamb Tikka Mossala	£9.45
Marinated pieces of tender lamb tikka cooked with almonds & coconut served in a rich, creamy sauce.	
North Indian Chilli Garlic Chicken	£8.45
Barbecued chicken in red chilli, fresh herbs and coriander. Fairly hot.	
Tandoori King Prawn Mossala	£13.95
Barbecued king prawn cooked with almonds & coconut served in a rich, creamy sauce.	
Butter Chicken	£8.45
Marinated chicken tikka cooked with butter. Mild & creamy	

KIDS MENU

Served with Chips/Rice/Nan

Fish Finger	£4.95
Fried Scampi	£5.95
Omelette	£4.45
Chicken Nuggets	£5.45
Chicken Tikka Masala	£7.50
Chicken Kurma	£6.95

TRADITIONAL DISHES

Kurma	
mild curry prepared with fresh cream, coconut & almond	
Kashmiri	
mild curry prepared with cream, bananas & lychees	
Dhansak	
cooked with lentils, pineapple & herbs, sweet & sour	
Pathia	
cooked in hot, sweet & sour sauce	
Bhuna	
medium hot - with spices, tomato, peppers in a thick sauce	
Dupiaza	
medium hot - lots of chopped onions, spices & peppers	
Rogon	
medium spiced – garnished with lots of chopped tomatoes	
Sagwala	
a combination with spinach, coriander & fragrant herbs	
Balti	
slightly hot - cooked with special tangy balti sauce and herbs	
Methi	
medium hot - cooked with special methi leaves and herbs	
Madras/Vindallo	
hot dish with a lemon tang	
Medium Curry	
medium hot curry	

All the above dishes available with:

Chicken	£7.45
Chicken Tikka	£7.95
Lamb	£7.95
Lamb Tikka	£8.45
Prawn	£8.45
King Prawn	£12.95
Vegetable	£6.95

EUROPEAN DISHES

Hot Wings	£8.95
Chicken Nuggets	£7.95
Chicken Salad	£8.95
Greek Salad	£7.95
Chicken Strips	£8.95
Fried Scampi	£8.95
Omelette (chicken /mushroom)	£7.45
Chips	£2.45